

Classificação Geral e Escalão

Trail 12km

20/10/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferença
1	214	Daniel Fonseca Soares		M	M40	1	01:05:42	00:00:00
2	265	Jorge Rodrigues	CSCD NORTE e SOURE	M	M45	1	01:06:50	00:01:08
3	227	Alex Silva	GRVilaverdense	M	M40	2	01:09:22	00:03:40
4	294	Márcio Cruz	OZXTREME ADCR PEREIRA	M	M23	1	01:09:47	00:04:05
5	253	Fábio Cruz	CAOH - Clube Atlético de Oliveira do Hospital	M	S	1	01:10:49	00:05:07
6	243	Victor Dourado	Mongues do Varosa	M	M40	3	01:15:27	00:09:45
7	244	Alberto Cunha	Benfeita aldeia de xisto	M	M45	2	01:15:28	00:09:46
8	208	Afonso Silva		M	M23	2	01:16:22	00:10:40
9	271	Paulo Cavaleiro	Leitão & Cavaleiro	M	M55	1	01:16:42	00:11:00
10	280	Vasco Tavares	VT.RUNNING	M	M45	3	01:18:04	00:12:22
11	263	Ricardo Gonçalves	CASA DO BENFICA DE ARGANIL	M	S	2	01:19:40	00:13:58
12	225	José Coelho	Abutres	M	M40	4	01:23:42	00:18:00
13	286	Vitor Ribeiro	Los Caribeños	M	S	3	01:23:43	00:18:01
14	270	Valter Marques	Aventura Trail	M	M40	5	01:23:43	00:18:01
15	287	Rafael Martins		M	S	4	01:25:41	00:19:59
16	288	Pedro Figueiredo	GRVilaverdense	M	S	5	01:25:54	00:20:12
17	250	Joao Pires		M	M40	6	01:27:32	00:21:50
18	275	Mário Rui Martins		M	M45	4	01:30:38	00:24:56
19	213	Nuno Abrantes	Guerreiro da Beira	M	S	6	01:31:46	00:26:04
20	302	Miguel Garcia		M	S	7	01:32:32	00:26:50
21	267	João Nunes		M	S	8	01:32:37	00:26:55
22	278	Paulo Pereira		M	M40	7	01:32:41	00:26:59
23	284	Tiago Bastos	Los Caribeños	M	S	9	01:34:35	00:28:53
24	281	Jorge Branco	3830-181 Ílhavo	M	M50	1	01:36:21	00:30:39
25	303	Telmo Marques		M	S	10	01:37:05	00:31:23
26	224	Carlos Duarte		M	M50	2	01:38:40	00:32:58
27	254	AGOSTINHO PEREIRA	CMMCT	M	M50	3	01:38:41	00:32:59
28	230	Maria Maia	GRVilaverdense	F	F40	1	01:39:05	00:33:23
29	228	Hugo Gouveia Abrantes Carrola Carrola		M	M40	8	01:39:15	00:33:33
30	226	Cláudia Cravo	Abutres	F	F45	1	01:39:39	00:33:57
31	212	Mário Santos	CAOH - Clube Atlético de Oliveira do Hospital	M	M55	2	01:40:22	00:34:40
32	229	Jose Duarte		M	M55	3	01:40:33	00:34:51
33	237	Élio Da Silva Damião	Tribo Da Estrela	M	M40	9	01:41:09	00:35:27
34	219	maria dos anjos Pereira	CASA DO BENFICA DE ARGANIL	F	F55	1	01:41:18	00:35:36
35	218	Jose Domingos Pereira	CASA DO BENFICA DE ARGANIL	M	M60	1	01:41:24	00:35:42
36	282	Bruno Silveira	Ovos Duros	M	S	11	01:41:52	00:36:10
37	232	Márcio Henriques		M	M40	10	01:42:51	00:37:09
38	231	Vidal Ferreira	TASKA FORCE	M	M40	11	01:42:51	00:37:09
39	289	Pedro Lopes	GRVilaverdense	M	M23	3	01:43:48	00:38:06
40	242	Hugo Santos	Estrela campo da aviação	M	M40	12	01:45:37	00:39:55
41	305	Francisco De Sousa	Oliveira Do Hospital	M	M40	13	01:46:05	00:40:23
42	304	Helder Figueiredo	RGYM TEAM	M	S	12	01:46:07	00:40:25

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43	222	Carlos Ribeiro	CAOH - Clube Atlético de Oliveira do Hospital	M	M40	14	01:46:46	00:41:04
44	268	Tania Patricia Pinto	Aventura Trail	F	SF	1	01:47:48	00:42:06
45	220	Nuno Veiga	Aldeia das Dez	M	M50	4	01:47:51	00:42:09
46	247	denise sene	GDMATA	F	F55	2	01:48:33	00:42:51
47	248	Pedro Caramelo	Pé Ligeiro de Gouveia	M	M23	4	01:48:40	00:42:58
48	249	Cláudio Abrantes		M	S	13	01:48:59	00:43:17
49	204	Nuno Tiago Alves		M	S	14	01:49:01	00:43:19
50	255	Rogério Moraes	ADA DESNÍVEL	M	M55	4	01:50:14	00:44:32
51	205	Carla Santos		F	SF	2	01:51:30	00:45:48
52	211	Antonio Dias	Matilha Radical	M	M60	2	01:51:30	00:45:48
53	291	Fátima Oliveira	GRVilaverdense	F	F40	2	01:53:09	00:47:27
54	269	Catia Liliana Sousa	Aventura Trail	F	SF	3	01:57:07	00:51:25
55	259	Gonçalo Loureiro	Solas Rotas	M	S	15	01:57:10	00:51:28
56	257	Vítor Pedrosa	Solas Rotas	M	M50	5	01:57:10	00:51:28
57	209	Luís Ferreira		M	M60	3	01:57:12	00:51:30
58	274	Fausto Reis	Coimbra	M	S	16	01:57:57	00:52:15
59	293	Marco Gomes		M	M45	5	01:57:58	00:52:16
60	206	Alexandra Campos	CAOH - Clube Atlético de Oliveira do Hospital	F	SF	4	01:59:10	00:53:28
61	207	Ana Filipa Paulino Campos		F	SF	5	01:59:14	00:53:32
62	245	Vasco Manuel De Campos Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	M	M40	15	01:59:44	00:54:02
63	246	Anabela Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	F	F40	3	01:59:44	00:54:02
64	299	Pedro Machado	Alva Running	M	M45	6	02:00:08	00:54:26
65	298	Jorge Figueiredo	Alva Running	M	M45	7	02:00:08	00:54:26
66	266	José Garcia	Alva Running	M	M50	6	02:00:08	00:54:26
67	300	Carlos Henriques	Alva Running	M	M40	16	02:00:09	00:54:27
68	297	Pedro Fidalgo	Alva Running	M	M45	8	02:00:11	00:54:29
69	235	Carla Alexandra Almeida Madeira	Tribo Da Estrela	F	SF	6	02:00:23	00:54:41
70	221	Isabel Urbano		F	SF	7	02:00:49	00:55:07
71	292	Raquel Gomes	Dão Nelas Runners	F	F40	4	02:02:34	00:56:52
72	203	Paulo Jorge Correia Silva		M	M45	9	02:02:34	00:56:52
73	236	Ana Sofia Almeida Madeira Cunha	Tribo Da Estrela	F	SF	8	02:03:56	00:58:14
74	256	Catherine Freitas	ADA DESNIVEL	F	F55	3	02:05:03	00:59:21
75	290	Fátima Cabeço	GRVilaverdense	F	F55	4	02:06:05	01:00:23
76	251	JORGE MARQUES	CVPSeia Trail Team	M	M50	7	02:06:28	01:00:46
77	217	Paula Santos		F	F40	5	02:06:30	01:00:48
78	273	Andreia Travesso	Ovos Duros	F	SF	9	02:06:30	01:00:48
79	272	Cristiano Santos	Ovos Duros	M	S	17	02:06:32	01:00:50
80	285	Daniela Melo	Los Caribeños	F	SF	10	02:06:32	01:00:50
81	283	Ana Ribeiro	Los Caribeños	F	SF	11	02:06:32	01:00:50
82	252	Paulo Borralhinho	CCDR Colmeal da Torre	M	M45	10	02:06:35	01:00:53
83	233	Joaquim Pais	Tribo Da Estrela	M	M40	17	02:09:13	01:03:31
84	301	Maria Helana Nunes Lopes	Tribo Da Estrela	F	F45	2	02:09:13	01:03:31
85	296	Sandra Isabel Jesus Aguiar Tavares	Tribo Da Estrela	F	F40	6	02:09:15	01:03:33
86	234	Ana Paula Silva	Tribo Da Estrela	F	F40	7	02:09:15	01:03:33
87	260	Adelaide Pedrosa	Solas Rotas	F	V50	1	02:13:14	01:07:32
88	261	Nelia Cardoso	Solas Rotas	F	F45	3	02:13:15	01:07:33
89	258	Licinia Mendes	Solas Rotas	F	F40	8	02:13:15	01:07:33
90	215	Manuela Guerreiro	Meia Volta	F	V50	2	02:15:35	01:09:53
91	262	Célia Santos	Solas Rotas	F	F40	9	02:24:17	01:18:35

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
92	264	Ana Regadas		F	SF	12	02:37:02	01:31:20
93	276	JOANA DANIELA REGADAS	Figueira da Foz	F	SF	13	02:37:04	01:31:22
94	239	Isabel Loureiro	GRVilaverdense	F	F45	4	02:49:29	01:43:47